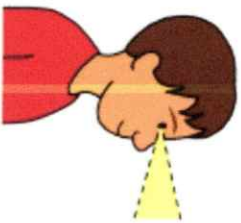


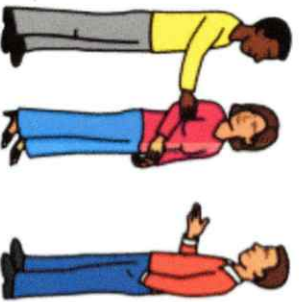
Steps to Waiting



1. look to see if person is talking



2. wait until they are finished talking



3. say excuse me

While I wait, I can:



read



listen to music



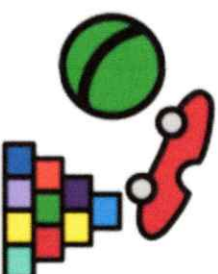
play with my pet



take deep breaths



relax



play with toys



do my homework



use my tablet or watch tv